

Name: _____

Date: _____

Valentine's Day is a time to celebrate love and kindness. Some stories tell of Saint Valentine helping couples get married in ancient Rome. These stories are legends, and historians know little for certain about his life. Today, many people celebrate on February 14 by sharing cards and showing appreciation. We can use this day to include others and let friends and family know we care.

Write a sentence or two about how you can show love and kindness to someone.
