

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# SIMONE BILES

Read the biographical passage about Simone Biles and answer the questions.



Simone Biles was born on March 14, 1997, in Columbus, Ohio, and she's a shining star in the world of gymnastics. When Simone was a young girl, she discovered her love for gymnastics. She started practicing jumps and flips, dedicating herself to becoming the best. Because of her dedication, Simone grew up to win many competitions and become known all over the world.

Simone Biles is not like any other gymnast. She performs moves that are so hard, very few gymnasts even try them! Some of these amazing moves are named after her, like the "Biles" on the floor exercise, which shows just how special they are. By the end of 2024, Simone had won 23 World Championship gold medals and 7 Olympic gold medals.

But Simone teaches us something very important—taking care of our minds is as crucial as taking care of our bodies. Even though she's a strong athlete, she's been brave to talk about feeling scared or nervous and taking breaks when she needs to. This has helped many people understand that it's okay to speak up about how we're feeling inside.

Aside from being an incredible athlete, Simone Biles is a role model. She teaches kids everywhere that achieving your dreams takes hard work and practice. But she also shows that being truly strong means listening to your heart and taking care of your mind. Simone's story encourages us to leap for our dreams, be brave, and always remember to be kind to ourselves and others.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1 How did Simone Biles start her journey in gymnastics?

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2 What is the name of the floor exercise move mentioned in the passage?

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3 What lessons can we learn from Simone Biles about achieving our dreams and taking care of ourselves?

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