Feelings Check!

Tune: 'Frère Jacques'

Check your feelings,
check your feelings.
How do you feel?
How do you feel?
Are you feeling happy?
Are you feeling sleepy?
Share with a friend,
share with a friend.



Use the Image

Kindness Counts!

Tune: 'Good Morning To All'

Kindness to you,
Kindness to you,
Kindness to you
and me,
Kindness is free.

use the village

Take a Deep Breath

Tune: 'Farmer in the Dell'

Take a breath in and out,
Take a breath in and out.
Count one, two, and three
with me.
We're calm and ready now.



use the village

Buddy Time!

Tune: 'Baa Baa Black Sheep'

Friends in our class,
Sharing every day.
Yes sir! Yes sir!
We all work and play.

use the village



Thank You Song

Tune: 'Bingo'

There's a word I love to say,
Thank You is its name-O
T-H-A-N-K, T-H-A-N-K,
T-H-A-N-K,
Yes, Thank You is its name-O!



use the image

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